



Kane`ohe Community Family Center (KCFC) Family Center News

*A partnership of Parents and Children Together and the Castle Complex Department of Education,
partially funded by Aloha United Way, the Hawaii State Department of Human Services, Keiki O Ka Aina, Inc.,
the U.S. Department of Education Office of Innovation and Improvement, HCDC and Hawaii Community Foundation.*

E-mail us at:
kfcf@pacthawaii.org
Website:
<http://kfcf.pacthawaii.org>



Vol. 9. No. 4

April 2003

The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.

Volunteering: Why is it important?

Volunteers provide help and support to organizations, businesses, hospitals, schools, churches, communities, etc. They appreciate the extra help, time, and efforts that volunteers contribute. Volunteers are an essential part of their staff. Volunteers provide the organizations with many rewards. Even though the volunteers do not get paid in monetary funds, the individuals do get paid through other means. The volunteers receive many benefits through the process of volunteering. Listed below are some of those benefits and rewards which are associated with volunteering:

- Having FUN!
- Learning from the experience and from others.
- Sharing your thoughts, values, and beliefs with others.
- Showing your commitment to something you strongly believe in/ giving your time and efforts to a good cause.
- Gaining skills and experience.
- Feeling useful, wanted, and needed.
- Challenging yourself.
- Gaining a sense of achievement and self-worth.
- Interacting with others, meeting new people, and building friendships.
- Getting to know your community and contributing to it.
- Good for your college application or resume.
- Sometimes you can earn college credits.
- Giving and receiving support.

If you would like to volunteer, you can contact different locations in the community to find volunteering opportunities. The benefits and rewards are plentiful and you will get the satisfaction of knowing that the time you give to volunteering is very important and very much appreciated!

National Volunteer Recognition Week
April 27th- May 3rd.

Thank you volunteers for all your hard work, time, and effort! It is greatly appreciated!



Keiki O Ka `Aina

Family Learning Centers
Support and Resource classes

NOW ENROLLING FOR MAY

FREE Classes for:

Families of infants ages 1 - 4 months

Windward Family Guidance Center

45-691 Keahala Rd. - Kane`ohe

When: 6 - 8 PM

(every other week for 5 months)

Includes: Dinner and music by popular

Hawaiian musicians

To enroll or for more information,

please call 843-2502.

Family Fun Night-"Family Express"

(A FUN LOOK AT HOW KIDS & PARENTS GET ALONG & EXPRESS THEMSELVES)

- * Laughs, games, entertainment, & FUN!!
 - * Kids 7 years old & up, parents, grandparents, aunties, & uncles welcome!
- Come dressed to play!

He`eia Elementary School Cafeteria

Friday, April 11, 2003

6:30- 8:30 PM

It's Free! Dinner Included!
Sign up as soon as possible.
Registration limited to 50 people.
For more info. & to sign up,
please call 235-7747.

Brought to you by: PACT/ Kane`ohe Community Family Center & Alliance for Drama Education.



Visit the Kane`ohe Community Family Center Website at <http://kfcf.pacthawaii.org>.

**Kane`ohe Community
Family Center**

**COMMUNITY RESOURCE
AND REFERRAL**

•Phone 235-7747
•Website <http://kcfc.pacthawaii.org>

**HAWAII PARENTAL
INFORMATION AND
RESOURCE CENTER
(HPIRC)**

<http://www.hawaiiipirc.org>
•Parenting Classes
•Family Fun Activities
•Home Instruction For Parents of
Preschool Youngsters (HIPPY)

**FAMILY LITERACY
PROGRAMS**

•Kulana Nani

**SUPPORT AND
SELF-HELP GROUPS**

•Na Tutu - Grandparents Raising
Grandchildren
Coalition and Support Group

NEIGHBOR-2-NEIGHBOR

•Ko`olau Village
•Kulana Nani

**VOLUNTEER & COMMU-
NITY SERVICE LEARNING
OPPORTUNITIES**

•Family Activity
Night Assistants
•Neighbor-2-Neighbor Mentors
•Reading/Homework Tutors
•Clerical and Program Support
•Special Event Child Care



Parent/Child Fair

**Early Years are Learning
Years: Make them Count**

April 5, 2003

10:00AM - 1:30PM

Windward Mall Center Court

Celebrating:

The Month of the Young Child
For children under 8 & their families.

Activities include: storytelling, painting,
sensory activities, make-n-take art, Keiki
I.D., and more.

If you would like to volunteer or have any
questions, please contact Phyllis Ida @
233-5717 ext. 251.



Health Fair

"Start. Living. Healthy!"

April 26, 2003

10:30AM - 2:00PM

Windward Mall Center Court

Featuring: students' health promo-
tion projects, interactive booths, and
entertainment on the center stage.

Promoting: healthy eating, physical
activity, and a lifestyle free of
tobacco, alcohol, and other drugs.

If you would like to volunteer or have any
questions, please contact Amanda
Miyamoto @ 233-5600 ext. 245.



April

**5th Oahu Chapter HAEYC/ Windward
District Special Education Preschool
Parent/ WITT Child Fair.**

10- 1:30 p.m. Windward Mall Center
Court. Please see ad on this page.

7th Community Works in 96744.

5:30 p.m. Queen Lili`uokalani Children's
Center. 235-7747.

**10th OGYA Grief Support Group for
Children, Teens and Family. 6 - 8 p.m.**

Queen Lili`uokalani Children's Center.
Cynthia White 735-2989.

16th Grandparents Raising Grandchildren.

9 a.m. Queen Lili`uokalani Children's
Center -Kane`ohe. All grandparents are
welcome. Jennifer 235-7747.

17th Kane`ohe Neighborhood Board.

7 p.m. Kane`ohe Community and Senior
Center. 523-4815.

18th Good Friday.

20th Happy Easter.

**24th OGYA Grief Support Group for
Children, Teens and Family.**

6 - 8 p.m. Queen Lili`uokalani Children's
Center. Cynthia White 735-2989.

26th "Start. Living. Healthy!"

10:30 a.m.- 2:00 p.m. Windward Mall
Center Court. Please see ad on this page.

Sponsoring a free or low cost event that may be of interest to
Kane`ohe families? Submit information for the KCFC
calendar by the 15th of each month. Fax 235-7748.

kcfc@pacthawaii.org

The *Family Center News* is printed
monthly by the Kane`ohe Community
Family Center (KCFC), a program of
Parents and Children Together (PACT).

Please direct questions, comments and
suggestions to:

The Kane`ohe Community
Family Center,
He`eia Elementary School,
46-202 Haiku Rd., Portable #2,
Kane`ohe, HI 96744
Ph. 235-7747 Fax 235-7748
E-mail: kcfc@pacthawaii.org

KCFC Staff:

Helenann Lauber, *Family Center Dir.*
Cynthia Okazaki, *Site Coordinator*
Gordon Miyamoto, *PIRC Coordinator*
Jolene Chang, *Administrative Assistant*
Rebecca Seumanu, *Activities Specialist*
Carin Tatom, *HIPPY Coordinator*
Jennifer Bui, *Program Facilitator*
Jill Murayama, *Outreach Worker*
Serena Trehern, *PIRC Assistant*
Krista Labanon, *HIPPY Home Visitor*
Jennifer Chun, *HIPPY Home Visitor*
Sunshine Michael, *HIPPY Home Visitor*



Kane`ohe Public Library

Preschool Storytime:

April 1, 8, 15, 22, & 29

10:15AM

Ages: 3- 5 years

Toddler Storytime:

April 3, 10, 17, & 24

10:15AM

Ages: 18 months- 3 years

No Registration required.

For more information, please call: 233-5676



KCFC would like to thank University of Hawaii,
Family Resources student Kristie Buss for her hard
work on this month's newsletter.

Site of the Month

<http://www.factmonster.com/index.html>

A website with homework
help, interesting facts, and
information about history,
math, science, and more.

An atlas, almanac,
encyclopedia, and dictionary
are also available to use.



**WANTED:
Reading
Tutors**

**Kahalu`u
Elementary
School**

KCFC would like to thank Teen Extreme for folding the
newsletters this month. We really appreciate all of your time
and effort!