



Kane`ohe Community Family Center (KCFC) Family Center News

E-mail us at:
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partially funded by Aloha United Way, the State of Hawaii Health and Human Services Departments, Keiki O Ka Aina, Inc.,
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*The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa
by enabling them to identify and use their own and other resources to improve their quality of life and sense of community*

Money-Saving Tips



Tax season finds many of us reflecting upon our financial situations. We contemplate tighter budgets and vow to change spending habits in order to save more. While money management can be stressful and require great sacrifice, below are some simple tips for saving money that can be integrated into our daily lives:



Distinguish between wants and needs. Needs are items that are necessary to sustain the family, such as shelter, food, clothing, and transportation. Wants are things that may enhance lifestyles but quickly destroy our budgets.



Stay away from trendy fashions. Stick with the basics so that your clothing will last from year to year. Instead of expensive outfits, buy separates that coordinate.



Don't keep cash in your wallet if you can help it. This tends to discourage unnecessary little purchases which can add up. Daily trips to the vending machine or corner store can easily add up to \$50 per month, and \$600 per year. Be careful, however, not to use your credit card for purchases.



Always go the grocery store with a list. Buy only what is on your list. If you see items you would like to have, make a note to put them on your list for your next trip.



Use the 24-hour test. If you see something you like in a store, leave the store without it. Go home and look at your budget. Go back only if you can afford it and really need it.



Try before you buy. This goes a long way in preventing silly impulse purchases of things you rarely or never use. Before buying an item with a big price tag, borrow one, rent one, or try one before you put out the cash.

Adapted from: "Tips on Saving Money",
<http://www.ourfamilyplace.com/homebuyer/moneytips.html> and
"Budgeting on a Low Income - Money Tips",
<http://www.betterbudgeting.com/articles/money/moneytips.html>.

Juvenile Law & Drug Awareness for a Safer Family Environment and Community

A presentation by Officers from the Juvenile Services Division of the Honolulu Police Department

**Thursday, April 6, 2006
Castle High School Library
6:00 p.m. - 8:30 p.m.**



When is my child considered a runaway? What is abuse? What are our curfew laws? What is truancy? What can I do if I suspect my child is using drugs?

This is a workshop for parents, children, and those who support them.

To register, please call the Kaneohe Community Family Center at 235-9779

Parent-Child Fair

**Saturday, April 8, 2006
10 a.m. - 1 p.m.
Windward Mall**

*Storytelling *Collage-making *Play-Doh activities *Make-n-take art *Sensory activities *Keiki I.D. *Resources for parents *Kindergarten Registration *Entertainment by Oogles and Googles

Don't miss this opportunity for your family to engage in hands-on educational activities together!

To volunteer or for more information, please contact Phyllis Ida at 233-5717 x268

**Presented by Kamalapua
Koolau/Windward Oahu District**



**Kaneohe Community
Family Center**

**COMMUNITY RESOURCE
AND REFERRAL**

•Phone 235-7747
•Website <http://kcfc.pachawaii.org>

**HAWAII PARENTAL
INFORMATION AND
RESOURCE CENTER (HPIRC)**
<http://www.hawaiiipirc.org>

**HOME INSTRUCTION FOR
PARENTS OF PRESCHOOL
YOUNGSTERS
(HIPPY)**
<http://www.hippyusa.org>

YOUTH LEADERSHIP PROGRAM
• King Intermediate School

FAMILY CENTER SERVICES
•Family Support

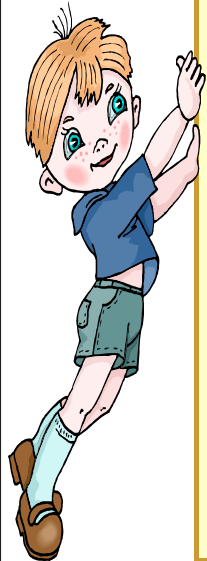
**NEIGHBOR-2-NEIGHBOR YOUTH
TOBACCO PREVENTION**
•Koolau Village
•Kulana Nani

**VOLUNTEER & COMMUNITY
SERVICE LEARNING
OPPORTUNITIES**
•Clerical and Program Support
•Special Event Child Care

The *Family Center News* is printed monthly by the Kaneohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:
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**Kapunahala
Fun Fair**

Friday, April 7, 2006
2 p.m. - 8 p.m.
Kapunahala Elementary
45-828 Anoi Road


- * Extreme Rides and Jumpers * Fun games and activities for kids
- * Onolicious food
- * Bake sale
- * White elephant sale

Open to all! For more information, please call 236-1396

AYSO Registration in Kaneohe

April 8th 9 a.m. - 2 p.m. Ben Parker Cafeteria
April 15th 4 p.m. - 8 p.m. Heeia Cafeteria
April 22nd 9 a.m. - 2 p.m. Ben Parker Cafeteria

\$55 registration fee

Open to players 4 1/2 to 18 years of age as of July 21, 2006 

Call 235-AYSO for information on what is needed at the time of registration.

**Free Parenting Workshop
Developing Positive Self-Esteem in Children**



Tuesday, April 18, 2006
6:00 - 7:30 p.m.
PACT Kaneohe Community Family Center

Please RSVP to 235-9779

Presented by PACT Kaneohe Community Family Center and Kathy's Parenting Solutions

Site of the Month

Google Earth

<http://earth.google.com/>

Celebrate Earth Day by flying from space to your neighborhood or anywhere in the world! Download the free program to your computer, and get ready to travel the world!
Happy Travels!

KCFC thanks the Castle High School Key Club for their help folding newsletters!

April



- 3/31 thru 4/9** **“L’il Abner” Musical Production** 7:30 p.m. Fridays and Saturdays. Castle Performing Arts Center, Ronald E. Bright Theatre. \$15 Adults, \$10 Students/Seniors. 233-5626
- 3rd** **Community Works in 96744** 5:00 p.m. dinner. Meeting starts at 5:30 p.m. Queen Liliuokalani Children’s Center. 235-7747
- 6th** **Juvenile Law and Drug Awareness for a Safer Family Environment and Community** 6 - 8:30 p.m. Castle High School Library. Call 235-9779 to register.
- 6th & 20th** **Kids Hurt Too, Healing Young Hearts & Support Group** 6 - 8 p.m. Formerly known as OGYA Grief Support Group. Queen Liliuokalani Children’s Center. Cynthia White. 735-2989
- 7th** **Kapunahala Elementary School Annual Fun Fair** 2 - 8 p.m. Kapunahala campus. Fun games and activities for kids of all ages! Food, shave ice, bake sale, and white elephant sale. 236-1396
- 7th** **“Far Out Space Places” Imaginarium Show** 7 p.m. Windward Community College. Go on a virtual vacation to the top spots in the solar system! \$5 Adults, \$3 Children.
- 7th thru 15th** **“You’re A Good Man Charlie Brown”** Paliku Theatre. Fridays at 7:30 p.m.; Saturdays and Sundays at 2 p.m. \$19 Adults, \$16 Senior Citizens and Military, \$9 Students and children. Charge by phone at 235-7433.
- 8th** **Alzheimer’s Support Group** 10 - 11:30 a.m. Kaneohe Community Family Center. Learn more about Alzheimer’s and the resources that are available to your family. 239-1552
- 8th** **Parent-Child Fair** 10 a.m. - 1 p.m. Windward Mall. See ad on previous page for more information.
- 8th** **Egg Hunt and Easter Fun Fair** 10 a.m. - 1 p.m. Hope Chapel Kaneohe Bay. Games, food, bouncer and slide. Free!
- 10th** **“Stargazing” Imaginarium Show** 7 p.m. Windward Community College. Based on current celestial events. \$5 Adults, \$3 Children.
- 14th** **Good Friday**
- 16th** **Happy Easter!**
- 19th** **Grandparents Raising Grandchildren** 9 a.m. Queen Liliuokalani Children’s Center. Bernie 235-7613
- 19th** **Parenting Workshop: Developing Positive Self-Esteem in Children.** 6 p.m. - 7:30 p.m. Kaneohe Community Family Center. Please call 235-9779 to RSVP.
- 20th** **Kaneohe Neighborhood Board** 7 p.m. at WCC Hale Akoakoa, Rm. 103-105. 523-4815
- 22nd** **Earth Day**
- 26th** **Administrative Professionals’ Day**