



# Kane`ohe Community Family Center (KCFC) Family Center News

E-mail us at:  
kfcf@pacthawaii.org  
Website:  
<http://kfcf.pacthawaii.org>

*A partnership of Parents and Children Together and the Castle Complex Department of Education, partially funded by Aloha United Way, the State of Hawaii Health and Human Services Departments, Keiki O Ka Aina, Inc., the U.S. Department of Education Office of Innovation and Improvement, Parent Options and Information, HCDC and Hawaii Community Foundation.*

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*The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community*

## Talking to Children about Disaster



The Indian Ocean Tsunami has stirred emotion and fear in many of us. Evolving technology and media have brought the world closer, and increased our exposure to disasters. Children may be particularly affected by news of disaster, because they have limited skills for understanding the situation. Furthermore, they may sense the concern and fear of adults, which can be an additional source of stress for them.

Below are ways that parents can support their children.



Allow them to express feelings about the recent news, and letting them know that it is normal to feel upset.



Monitor children's exposure to television and radio coverage of the disaster, since viewing or listening to graphic news may be disturbing to children.



Give children real information about what is happening, including how medical and rescue teams are helping victims and their families.



Avoid speculation. Acknowledge the issues that we do not know about, such as how long we will be talking about the disaster, why it happened, and what will happen next.



Get children involved in community responses to the disaster. These may include volunteering at donation sites or attending benefit events.

Adapted from: "How to Talk to Children About Disaster," <http://w3.ouhsc.edu/psbs/Disaster.html> and "Talking to Kids after a Disaster," <http://www.robynsneest.com/talkingdisaster.htm>



If you would like a listing of agencies and organizations who are accepting donations for tsunami relief efforts, please call our office at 235-7747.



## Container Deposit Redemption Centers



### Kane`ohe

Kaneohe Bay Shopping Center, behind Longs  
Tues. - Sat. 9 a.m. - 5 p.m. Closed 12 p.m. - 1 p.m.

### Mobile site:

45-950 Kamehameha Hwy. , near Jack in the Box  
Sun. ONLY: 8 a.m. - 12 p.m.

### Kahuku

Kahuku Sugar Mill, near Kasier Permanente  
Tues. - Sat. 9 a.m. - 5 p.m. Closed 12 p.m. - 1 p.m.

### Kailua

Aikahi Park Shopping Center, behind Safeway  
Tues. - Sat. 9 a.m. - 6 p.m. Closed 12 p.m. - 1 p.m.

Keolu Shopping Center (Reverse Vending Machine)  
Tues. - Sat. 9 a.m. - 6 p.m. Closed 12 p.m. - 1 p.m.

Mobile site at:  
Daiei Kailua  
345 Hahani St.

Sat. & Mon. : 10 a.m. - 4 p.m.

For more information, visit <http://www.hi5deposit.com/index.html>

Recycle!



Get your nickel!



## Register for Kindergarten Now!

Registration for the 2005-06 school year is from February 1st - 28th, 2005. Register at your school office with the following required documents:

- Original birth certificate or baptismal copy
- Original Form 14 Health Card from your child's preschool or doctor
- Verification that a TB test was taken within a year before school entrance

**Kane`ohe Community  
Family Center**

**COMMUNITY RESOURCE  
AND REFERRAL**

•Phone 235-7747  
•Website <http://kcfc.pacthawaii.org>

**HAWAII PARENTAL  
INFORMATION AND  
RESOURCE CENTER (HPIRC)**

<http://www.hawaiiipirc.org>

**HOME INSTRUCTION FOR  
PARENTS OF PRESCHOOL  
YOUNGSTERS  
(HIPPIY)**

<http://www.hippyusa.org>

**FAMILY LITERACY  
PROGRAMS**

•Kulana Nani

**SUPPORT AND  
SELF-HELP GROUPS**

•Na Tutu - Grandparents Raising  
Grandchildren  
Coalition and Support Group

**NEIGHBOR-2-NEIGHBOR**

•Ko`olau Village  
•Kulana Nani

**VOLUNTEER & COMMUNITY  
SERVICE LEARNING  
OPPORTUNITIES**

•Neighbor-2-Neighbor Mentors  
•Reading/Homework Tutors  
•Clerical and Program Support  
•Special Event Child Care

The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:  
The Kane`ohe Community Family Center  
46-028 Kawa Place  
Kaneohe, HI 96744  
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KCFC Staff:  
Christina Simmons, *Family Center Program Director*  
Gordon Miyamoto, *Site Coordinator*  
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Jennifer Bui, *Program Facilitator*  
Leilani Roth, *HIPPY Home Visitor/PIRC Assistant*  
Shani Naleieha, *HIPPY Home Visitor*  
Holland Henderson, *Program Coordinator*  
Leah Gamboa, *Group Facilitator*  
Amanda Williams, *Group Facilitator*

**Family Program  
Classes**



Classes are open to anyone who has an addicted family member or close friend, regardless of whether they are enrolled in a Hina Mauka program.

Thursdays  
7 p.m. - 8:30 p.m.

**Call 236-2600 for more  
information**

Honolulu Community Action  
Program, Inc., Windward District

**TAX CLINIC**

Kahalu`u Elementary School  
Cafeteria

February 12, 2005

&

March 5, 2005

9 a.m. - 12 p.m.

•Call 239-5754 for more information



**FINANCIAL LITERACY  
CLASSES also available!**

Budgeting Strategy for Savings  
Goal Setting

Call 239 - 5754 to register

**Website of the Month**



**Pacific  
Tsunami  
Museum**

<http://www.tsunami.org>

This website for the Pacific Tsunami Museum in Hilo contains the history of tsunamis in Hawaii, frequently asked questions, and links to other tsunami resource centers around the world.

**February**

- 5th Chinese New Year Celebration**  
All day on Maunakea Street. Lion dance, food booths, and entertainment. Chinese Chamber of Commerce 533-3181.
- 7th Community Works in 96744**  
5:30 p.m. Queen Lili`uokalani Children's Center. 235-7747
- 10th & 24th OGYA Grief Support Group for Children, Teens & Family**  
6 - 8 p.m. Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
- 11th Ohana Concert with KCCN**  
6:30 p.m. - 7:30 p.m. Windward Mall.
- 14th Valentine's Day**
- 15th Let's Talk Kane`ohe!** 6 - 7 p.m.  
Key Project, Kahalu`u. A series of open community discussions hosted by the Castle High School English Class. Topic: Violence in our Community. Katrina Valdez 233-5600 x 240.
- 16th Grandparents Raising Grandchildren** 9 a.m. Queen Lili`uokalani Children's Center. All grandparents welcome. Bernie 235-7613.
- 16th He`eia Ahupua`a Management Discussion** 6:30 p.m. - 8:30 p.m.  
"Ahupua`a Management: Integrating Traditional & Contemporary Knowledge to Manage Island Resources." WCC (Hale Akoakoa, Rm. 107 & 109)
- 17th Kane`ohe Neighborhood Board** 7 p.m. WCC (Hale Akoakoa, Rm. 103 - 105) 523-4815.
- 19th Kong's Sui Lum Pai Chinese Lion Dance and Kung Fu Demonstrations** 2 - 5:30 p.m.  
Windward Mall.
- 21st Presidents' Day**

*KCFC thanks Regina Yoshimori and the Castle High School students for folding the newsletters this month. Special thanks to volunteer Au Yeung Sui Shan for her help putting the newsletter together. We appreciate all of your time and effort!*