



Kane`ohe Community Family Center (KCFC) Family Center News

E-mail us at:
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Website:
<http://kcfc.pacthawaii.org>



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*The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa
by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.*

Money Saving Travel Tips



Many families make travel plans during the summer time. Here are some helpful tips to help you plan your vacation and stay within your budget!

\$ Look into booking your vacation as a package. You might be able to save by booking your airline tickets along with your hotel room or rental car.



Buy your tickets at least 21 days in advance. The further in advance you book your flight, the lower the fare you're likely to find.



\$ Keep your airline options open. Use a travel Web site to search for fares instead of the individual airline sites, and choose "none" as a carrier preference.



Fly on Tuesdays, Wednesdays, and Saturdays. Some airlines offer cheaper fares on specific days of the week. Generally, it's cheapest to fly on Tuesday, Wednesday, and Saturday.



\$ Be flexible about the time of day you travel. If possible, let the fares dictate the day and time of your departure. Often the less popular early morning or late evening flights have lower rates.



Sign up for a frequent flyer program. If you are a frequent traveler, it may make more sense for you to fly consistently with the same airline and accumulate frequent flyer miles, rather than base your criteria strictly on which carrier has the lowest fare for a particular destination.

Planning a vacation for your family can be very stressful. However, if you take the time and energy to plan it out very carefully, you can save a lot of money in the long run and hopefully make your vacation a happier and less stressful one!

<http://www.americanbaby.com/ab/story.jhtml?storyid=/templatedata/ab/story/data/1931.xml&catref=cat1880152>

Kane`ohe Day on the Bay 2004!

Saturday, July 24th
10AM to 3PM

**Kokokahi YWCA:
45-035 Kane`ohe Bay Drive
Family Activities, Prizes, Petting Zoo,
Food Booths, Free Kayaking and Sailing,
Pony Rides, Entertainment, Craft Fair,
Xtreme Fun Rides and More!**

Craft vendor space and
volunteer opportunities are
still available!

For more information, please call the Kane`ohe
Community Family Center at 235-7747.

Volunteer Appreciation Dinner 2004

KCFC staff and their families gathered for our annual Volunteer Appreciation Dinner at Queen Lili`uokalani Children's Center on May 17, 2004. We would like to thank all of our volunteers for their dedication to the Family Center and for all their hard work!

**Kane`ohe Community
Family Center**

**COMMUNITY RESOURCE
AND REFERRAL**

•Phone 235-7747
•Website <http://kcfc.pacthawaii.org>

**HAWAII PARENTAL
INFORMATION AND
RESOURCE CENTER
(HPIRC)**

<http://www.hawaiiiprc.org>

•Parenting Classes
•Family Fun Activities
•Home Instruction For Parents of
Preschool Youngsters (HIPPY)

**FAMILY LITERACY
PROGRAMS**

•Kulana Nani

NEIGHBOR-2-NEIGHBOR

•Kulana Nani

**VOLUNTEER & COMMU-
NITY SERVICE LEARNING
OPPORTUNITIES**

•Family Activity
Night Assistants
•Neighbor-2-Neighbor Mentors
•Reading/Homework Tutors
•Clerical and Program Support
•Special Event Child Care

**LEADERSHIP &
RESILIENCY PROGRAM**

The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:

The Kane`ohe Community Family Center,
He`eia Elementary School,
46-202 Haiku Rd., Portable #2,
Kane`ohe, HI 96744
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E-mail: kcfc@pacthawaii.org

KCFC Staff:
Helenann Lauber, *Family Center Dir.*
Gordon Miyamoto, *Site Coordinator*
Jolene Chang, *Administrative Assistant*
Sunshine Michael, *HIPPY Coordinator*
Jennifer Bui, *Program Facilitator*
Serena Trehern, *Activities Specialist*
Leilani Roth, *HIPPY Home Visitor/VISTA*
Jeffrie Wagner, *Program Coordinator*
Holland Henderson, *Group Facilitator*



Head Start Registration!

Head Start is a preschool program that provides health, education and social services for income eligible children (3 - 4 years) and their families. The program also services children with special needs.

Please call 847-1000 for an application or for more information.



Give Illegal Dumpers the Boot

"A Discussion Over Dinner Workshop"

Thursday, July 29, 2004

6:00PM - 8:00PM

Windward Community College,
Hale Kuhina 107

Find out how to organize your neighbors and the larger community to strike back against illegal dumping and derelict vehicles. Teens are welcome too!

\$3 Donation

For more information and to register, please call 247-6366 or send an email to waa@hoku.com. Presented by the Windward Ahupua`a Alliance



Community Stewardship Workday

Saturday, July 31, 2004

7:45AM (Registration) - 11:30AM

Catered Lunch to follow
Waikalua Loko Fishpond
(Behind Bay View Golf Course)

Educational, cultural, historical and scientific learning experiences.

Volunteers needed to help with registration, operate yard equipment, clean up rubbish and other support services.

For more information and to volunteer, please call the Windward Ahupua`a Alliance at 247-6366.

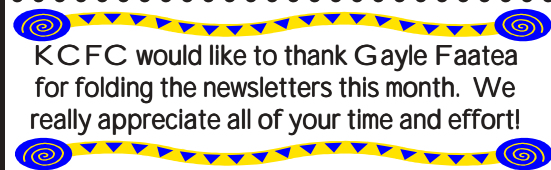


Site of the Month

www.123child.com



A great website for child care providers, teachers and families! Filled with fun activities, articles and rhymes!



KCFC would like to thank Gayle Faatea for folding the newsletters this month. We really appreciate all of your time and effort!



- 1st **Toddler Storytime** 10:15 a.m. Kane`ohe Library. Repeats - July 8th, 15th, 22nd and 29th. Ages 18 months - 3 years.
- 4th **Fourth of July**
- 6th **Preschool Storytime** 10:15 a.m. Kane`ohe Library. Repeats - July 13th, 20th and 27th. Ages 3 - 5 years.
- 8th **OGYA Grief Support Group for Children, Teens & Family** 6 - 8 p.m. Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
- 12th **Community Works in 96744** 5:30 p.m. Queen Lili`uokalani Children's Center 235-7747.
- 10th **Makahiki Fun Fair** 9:00 a.m. - 12 noon. Kaneohe District Park. There will be great activities for the whole family! Donations for the event are also needed, please call 233-7335 for more information.
- 15th **Kane`ohe Neighborhood Board** 7 p.m. WCC 523-4815.
- 21st **KCFC Family Activity** 5:30 - 7:00 p.m. Windward Mall, Center Court area 235-7747.
- 21st **Grandparents Raising Grandchildren** 9 a.m. Queen Lili`uokalani Children's Center, Kane`ohe. All grandparents are welcome. Bernie 235-7613.
- 22nd **OGYA Grief Support Group for Children, Teens & Family** 6 - 8 p.m. Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
- 24th **Kane`ohe Day on the Bay 2004** 10 a.m. - 3 p.m. Kokokahi YWCA. Please see ad on previous page for more information.
- 29th **Give Illegal Dumpers the Boot** 6 - 8 p.m. Please see ad on this page for more information.
- 31st **Community Stewardship Workday** 7:45 a.m. - 11:30 a.m. Please see ad on this page for more information.

Sponsoring a free or low cost event that may be of interest to Kane`ohe families? Submit information for the KCFC calendar by the 15th of each month. Fax 235-7748. kcfc@pacthawaii.org