



# PACT's Kane`ohe Community Family Center (KCFC) Family Center News

A partnership of Parents And Children Together and the Castle Complex Department of Education, partially funded by Aloha United Way, the State of Hawaii Health and Human Services Departments, the U.S. Department of Education Office of Innovation and Improvement, HPHA and Hawaii Community Foundation.

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The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.

## Spring 2008

Whether to visit relatives or friends, or hit the road to adventure, summers are traditionally the best time to take a trip. If you have plans to travel, congratulations and have a great and safe vacation.

For those of you that have no travel plans but want to have fun discovering new places, don't despair, you can plan a wonderful family "Staycation."

### What's a Staycation?

A "Staycation" is a stay at home vacation! Your family decides on a location or locations to visit. For example, our nation's Capitol, Washington, D.C.

You begin with researching the site on the Internet and locate information about Washington, D.C. Maps, points of interest, best eateries and history are but a few of the many things you and your family may find of interest, and virtual tours of many historical sites are available.

No internet? No problem. Our Kaneohe Branch of the State of Hawaii Library System will be glad to help you find information for your "Staycation."

After gathering your information, plan to have an evening or weekend "visiting" your vacation site. Rent or borrow travel DVDs and visit museums and theme parks from your sofa or armchair at home.

Cap it off with a themed dinner at home or a night out at a nearby restaurant that embodies the flavor and culture of your destination.

You might want to check out our KCFC Family Activity Night on April 10th, themed **Road Trip 2008, Let's Explore the Great 48!** There will be a fun night of activities and lots of helpful planning hints as we focus on the 48 contiguous states.

We will have information on how the armchair traveler, armed with a television remote in one hand and a book in the other, can have a great vacation without hearing the proverbial "Are we there yet?"

And for those of you that are traveling this summer, come and see our exhibits. They will highlight the various regions across our beautiful America.

Also, if you have time to help us that evening, we are looking for volunteers to man the interactive exhibits and aid our keiki with make and take crafts.

Please call Jean Fong, Program Specialist with PACT KCFC, at 235-9779 to volunteer, or if you have questions.

## U.S. Road Trip 2008 Let's Explore the Great 48!

Thursday, April 10th  
6:00 p.m. - 8:00 p.m.  
Windward Community College  
Hale Akoakoa  
Free Admission  
Invite your family and friends!

Discover the U.S.A. as you take a road trip with your family through the 48 contiguous states. Fun activities and useful information will fill the evening. From exploring Route 66 to prospecting for diamonds, come and see the diversity a road trip can offer.

Please call to register at 235-7747  
RSVP by April 4<sup>th</sup>



Sponsored by PACT Kaneohe  
Community Family Center,  
Windward Community College,  
21st Century Community Learning Centers and Kamalapua 'O Ko'olau



**S.W. King Intermediate School  
CobraFest on Saturday, March 1<sup>st</sup>  
9:00 am - 12:00 pm**

The Kaneohe community is invited to our campus as we proudly showcase our various departments. Activities:

- KIS Band performance • smoothie lessons
- scientific investigations • weight/locker rooms open
- Are You Smarter Than a King Cobra game show
- art-mural painting • History Day exhibits
- polynesian dance • Club Corner • KCFC prize wheel

## Family Center

### Community Resource and Referral

- Phone 235-7747
- Website <http://kcfc.pacthawaii.org>

### Hawaii Parental Information and Resource Center (HPIRC)

- <http://www.pacthawaii.org>

### Home Instruction for Parents of Preschool Youngsters (HIPPIY)

- <http://www.hippyusa.org>
- <http://www.pacthawaii.org>

### Family Center Services

- Family Support

### Volunteer & Community Service Learning Opportunities

- Clerical and Program Support
- Special Event Child Care

## National History Day

**National History Day** core program is a national contest for students in grades 6-12. This year, it invites students to research topics related to the theme Conflict & Compromise in History. **State Contest:** Saturday, April 19th at Windward Community College.

- ◆ Programs & Project examples
- ◆ Student Research Sources
- ◆ Awards & Scholarships
- ◆ Parent's Role
- ◆ Forums & Stories

[www.nationalhistoryday.org](http://www.nationalhistoryday.org)

The *Family Center News* is printed monthly by the Kaneohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:  
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### KCFC Staff:

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Leilani Roth, *PIRC Assistant*  
Kata Lee, *PIRC Assistant/HIPPY Home Visitor, Molokai*

## FREE TAX HELP

Do you need help with your income tax return? You may want to visit a volunteer site. Trained community volunteers help you with tax credits for which you may qualify. This program offers help with preparing basic Federal and Hawaii State income tax returns for those who cannot prepare their own tax returns and have low-to-moderate income.

**Location:** Community of Christ Church, 45-119 Kaneohe Bay Dr., Kaneohe. For appointment, call 247-4178. AARP Tax Aide available. Tuesdays & Thursdays 8am - 12pm; February 5 - April 15, 2008.

## Soccer Academy

February 25th - May 19th

The Academy will be held on Mondays, 4:30-6:00pm at Windward Community College. Manuia Soccer Club will be organizing a Soccer Academy open to all interested soccer players who wish to improve their soccer fundamentals. Soccer skills will be emphasized, ranging from basic skills of passing, trapping, dribbling, juggling, shooting, volleying, lofted passes, fast foot work, headers and small-sided games. All participants who are not members of the Manuia Soccer Club will be charged a \$5.00 fee per session. Interested players report to the WCC Field near the Hale Akoakoa Bldg.

## Mark Your Calendars: Read Across America Day is March 3, 2008



Yes, there really was a Dr. Seuss. He was not an official doctor, but his prescription for fun has delighted readers for more than 60 years. Theodor ("Ted") Seuss Geisel was born on March 2, 1904 in Springfield, Massachusetts. Join the nation in a Seussian celebration! Look for events and activities at your elementary school on Dr. Seuss Day! The research is clear, children who are read to, and who read for pleasure, are significantly more successful in school than children who do not. Give your children a head start on success. Teach them that reading is fun.

Check out these reading tips at <http://www.nea.org/readacross/parents.html> and Click-and-Play games at <http://www.seussville.com/lb/playground.html>



## March

**Happy Easter!**

- 1st How to Apply for Retirement Online,** 10:00am-12pm FREE. Call 235-7433 to register or for more information.
- 5th Community Works in 96744 Mtg.,** 3pm, Kaneohe Community Family Center. Call 235-7747 for more info.
  - **Oogles 'n Googles Preschool Family Night,** 6pm, Kaneohe Public Library.
- 8th Hope Chapel Kaneohe Bay Annual Easter Egg Hunt and Fun Fair,** 10am - 1pm. Bring your friends and family for a fun-filled day. 3,000 eggs, bouncers, games, crafts, food and more! Call 235-5814 and ask for Melanie for more info.
  - **Alzheimer's Support Group** 10 - 11:30 am, Kaneohe Community Family Center. Learn more about Alzheimer's and resources, 239-1552.
- 11th Windward Community Children's Council Monthly Meeting,** 6 - 7:30pm, Windward Dept. of Health Conf. Rm. Open to all parents and guardians of special needs children. 586-5363.
- 12th Kahaluu Neighborhood Board Mtg.,** 7pm, KEY Project, 527-5749.
- 13th Koolauloa Neighborhood Board Mtg.,** 7pm, Hauula Community Center, 527-5749.
  - **Kids Hurt Too, Healing Young Hearts Support Group,** 6 - 8pm at Queen Liliuokalani Children's Center, 735-2989.
- 15th "Families & Friends of Castle"** is hosting a school-wide Koala Moa (roisserie cooked) chicken fundraiser from **10 am - 2 pm**, \$8.50 for a whole chicken. Pick up by the basketball courts. Profits go towards the purchase of student lockers. You can purchase tickets from Castle's PCNC - call 233-5379.
- 17th Ohana Food Distribution,** 3 - 4:30 pm at KEY Project, Kahaluu.
- 19th Grandparents Raising Grandchildren** 9am, Queen Liliuokalani Children's Center. Call Bernie at 235-7613 for info. about this month's activities.
- 20th Kaneohe Neighborhood Board Mtg.,** 7 pm at WCC, Akoakoa, Rm. 103 - 105, call 523-4815.
- 20th** Department of Parks & Recreation & 5Rs Presents: **Easter Eggstravaganza!** 4pm - 7pm at Windward Mall. Free games, activities and PRIZES! For more info. call Kelsey at 233-7308.
- 23rd Easter**
- 27th Kids Hurt Too, Healing Young Hearts Support Group,** 6 - 8pm at Queen Liliuokalani Children's Center, 735-2989.
- 29th Internet Safety for Parents,** 9 - 11am at WCC, FREE. Call 235-7433 to register or for more information.

**Thursdays: Computer Lab,** 5 - 8pm at KEY Project. Free to public 10yrs. and older. Vocational, college, and goal planning. Michelle Heaviside 239-5777.

