



PACT's Kane`ohe Community Family Center (KCFC) Family Center News

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The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.



Memorable Ways to Celebrate Mother's Day

A mother's love is one of the most powerful forces in this world. Mother's Day is not about spending a ton of money on your Mom. The things that Mothers appreciate more than anything are the little, thoughtful things that you do everyday. Here are some ways to celebrate her love this Mother's Day:

1. Create a Memory Jar. Fill a jar with slips of paper, each detailing a special memory you and your mother have shared. Present her with the jar, and sit beside her as she reads each memory.
2. Interview and videotape the children in your family (both young and old) about special memories, words of wisdom, and special things they love most about their mother.
3. Help a mother in need by donating money, clothing, or other household items to organizations that help mothers and children.
4. Make a donation to your mom's favorite charity, in her name.
5. Moms can also honor their children by writing a letter to each child telling them about how being their Mom has changed their life. Save these letters in a special journal or album to give to your children when they become parents themselves.

The most important way to make your Mom feel special throughout the year (and not just on Mother's Day) is to tell her how much you appreciate all she does for you each and everyday.

Adapted from: "Mother's Day Traditions: 10 memorable ways to celebrate Mother's Day"

<http://www.holidayarticles.com/mothersday.php?p=103&more=1&c=1&tb=1&pb=1#more103>



Teacher's Appreciation Week May 8, 2007

If you can read this, thank a teacher.

Anonymous teacher

Whether you're a student, a parent, or an administrator, chances are there's a teacher (or many teachers) in your life who you'd like to thank. The most touching celebration is the one that comes from the children ... from their hearts. A card, a note, a picture that says "you are loved and appreciated" is the best. Teachers save many "little celebrations" over the years from children and each one carries a memory and a piece of soul that will last forever to reflect on often.

The larger the intellect, as witnessed in this quote by Abert Einstein, the more inspirational and meaningful the teaching becomes. "Teaching should be such that what is offered is perceived as a valuable gift and not as a hard duty."
Albert Einstein

Celebrate Kane`ohe!

What is the "*Celebrate Kane`ohe*" project?

Celebrate Kane`ohe is a series of events celebrating the history, the heritage and the people of Kane`ohe Bay, bounded by communities from Mokapu to Kualoa.

This celebration is the brainchild of the Ko`olaupoko Hawaiian Civic Club, which celebrates its 70th anniversary this year and decided to involve the entire community by celebrating our own neighborhoods and people.

The theme of the celebration is No Kane`ohe Mai Au, "I am rooted in Kane`ohe". Events will include cultural tours, photo exhibits, a song contest, an art competition, the Kane`ohe Day on the Bay, chamber music concerts, community work days, and the Kane`ohe Christmas parade. The celebration will be kicked off at **Windward Mall on Saturday, May 12, from 11 am to 2 pm**, with entertainment and special guests.

If you'd like to get involved in the celebration, e-mail the Ko`olaupoko Hawaiian Civic Club at malamapono@aol.com or call 247-3685.

**PACT's
Kaneohe Community
Family Center**

Community Resource and Referral
•Phone 235-7747

•Website <http://kcfc.pachawaii.org>

**Hawaii Parental Information and
Resource Center (HPIRC)**
<http://www.hawaiiipirc.org>

**Home Instruction for Parents of
Preschool Youngsters
(HIPPY)**

<http://www.hippyusa.org>

<http://www.hawaiiipirc.org>

Family Center Services
•Family Support

**Neighbor-2-Neighbor Youth Tobacco
Prevention**
•Kulana Nani

**Volunteer & Community Service
Learning Opportunities**

•Clerical and Program Support
•Special Event Child Care

The *Family Center News* is printed monthly by the Kaneohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:
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**Parent Project
Classes**

**The tougher it gets to be a kid...
the tougher it gets to be a parent!**

DATES & TIME: Thursday
nights, May 3rd - July 5, 2007,
5:30 - 8:30pm

LOCATION: Kaneohe Community
Family Center @ 46-028 Kawa St.,
Suite A10, Kaneohe (behind Zippys).

Cost: \$24.00

Contact: Jean Fong at 235-9779.

Does your teenager have failing grades? Does he/she refuse to go to school? Is he/she using drugs or alcohol, running away or displaying destructive behavior? This 10-week program teaches concrete prevention, identification, and intervention strategies for the most distressing adolescent behaviors.



Extra! Extra!

Read all about it!...

Kids Day is Parents And Children Together's annual fund raising event, and 2007 will mark the 14th anniversary of this partnership with *The Honolulu Advertiser*, Oahu public and private schools, and hundreds of volunteers who sell the special edition of the paper on the streets.

On **Wednesday May 2**, *The Honolulu Advertiser* will publish a special edition. Buy a \$1 Kid's paper and support Parents' and Children Together!



PAINT OUT!

A community graffiti clean up effort sponsored by Community Works 96744.

Saturday, May 19

7:30 am - 12:30 pm at

Kaneohe Skate Park
(Lunch will be provided)

Volunteers wanted
for sign ups and more information, call
Jadine Yonemitsu at 235-7747

The Hawaiian Language Immersion school and Puohala presents...

**'Imi Pono
Concert and Craft Fair**
Saturday, May 12, 2007

9:00 am - 4:00 pm

Puohala Elementary School
45-233 Kulauli Street

*Free concert *Exhibitors *Crafters
*Games *Hawaiian plate lunch



MAY



- 2nd Oogles'N Googles Preschool Family Night**, "Colors & Shapes," 6 pm, Kaneohe Public Library, 233-5676.
- 4th A Contemporary Dance Concert**, starring Castle DanceForce, featuring 24/7 DanceForce at Castle Performing Arts Center, Ronald Bright Theatre, tickets on sale now, call 233-5626.
- 6th Community Works in 96744 Mtg.**, 5 - 7pm at Queen Liliuokalani Children's Center. 235-7747.
- 8th Windward Community Children's Council Monthly Meeting**, 6 - 7:30pm, Windward Dept. of Health Conf. Rm. Open to all parents and guardians of special needs children. 586-5363.
- 9th Kahaluu Neighborhood Board Mtg.**, 7pm, KEY Project, 527-5749.
- 10th Koolauloa Neighborhood Board Mtg.**, 7pm, Hauula Community Center, 527-5749.
- 10th Kids Hurt Too, Healing Young Hearts Support Group**, 6 - 8pm, Queen Liliuokalani Children's Center, 735-2989.
- 11th Wind Wind Orchids**, 10 am - 3pm, Center court at Windward Mall. Look no further, an array of local orchids that will delight Mom on Mother's Day.
- 12th Alzheimer's Support Group** 10 - 11:30 am, Kaneohe Community Family Center. Learn more about Alzheimer's and resources, 239-1552.
- 12th Ocean Safety Education Course**, 8:30 - 3:30pm, two mtgs. at WCC,
- 13th \$139.00.** Call 235-7433 to register.
- 12th SUMMER FUN Registration**, Sat., 5/12, 9am - 12pm, Mon., 5/14, 5 - 8pm,
- 15th Tue., 5/14, 3 - 6:30pm.** Register at Ahuimanu Community Park, Ben Parker Elementary, and Kaneohe District Park (Kapunahala Summer Fun). Register at your site. Programs are from June 14 - July 20th and June 13 at Ben Parker and ends July 20th.
- 13th Mother's Day!**
- 16th Grandparents Raising Grandchildren** 9am, Queen Liliuokalani Children's Center. Call Bernie at 235-7613 for info. about this month's activities!
- 17th Kaneohe Neighborhood Board Mtg.**, 7 pm at WCC, Akoakoa, Rm. 103 - 105.
- 21st Ohana Food Distribution**, 3pm - 4:30 pm at KEY Project, Kahaluu.
- 24th Kids Hurt Too, Healing Young Hearts Support Group**, 6pm - 8pm, Queen Liliuokalani Children's Center, Cynthia White, 735-2989.
- 28th Memorial Day** - Library closed.

KCFC thanks the Castle High School Key Club for their help folding newsletters!