



Kane`ohe Community Family Center (KCFC) Family Center News

A partnership of Parents and Children Together and the Castle Complex Department of Education, partially funded by Aloha United Way, the Hawaii State Department of Human Services and Health, Keiki O Ka Aina, Inc., the U.S. Department of Education Office of Innovation and Improvement, HCDCH and Hawaii Community Foundation.

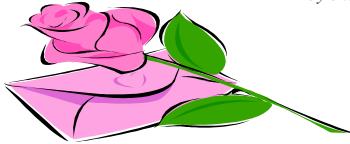
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<http://kcfc.pacthawaii.org>



Vol. 9, No. 5

May 2003

The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.



Mother's Day: Appreciating Mom



Appreciating those special people in your life is extremely important. Although appreciation could be shown daily throughout the year, sometimes our busy lives prevent us from doing so. However, there are specific times throughout the year when we can thank our loved ones and show them how much we love, respect, and care for them. Mother's Day occurs on May 11th this year. Take this day to show your mother just how important she really is to you. Make sure to thank her for all that she has done for you throughout your life, let her know how much she means to you, and how much you need her in your life. Remember to take the extra effort and initiative to show affection to all of the special people in your lives on a daily basis!

Some possible gift ideas for Mother's Day:

1. Make a card for your Mom expressing how much she means to you, how much you appreciate her, love her, and care about her.
2. Give Mom a day off from her chores- let her have a day of rest and relaxation. You can even do the chores for her!
3. Serve Mom breakfast in bed.
4. Make Mom a handmade gift which is something she will definitely enjoy.
5. Spend the day together. Go on a family outing which Mom will enjoy.
6. Pick some flowers and make a bouquet for Mom. Flowers can also be bought from the store or made out of construction paper!

Volunteers Needed!

Kane`ohe Celebration
"DAY ON THE BAY"

Saturday, July 26th, 2003
9 AM - 3 PM.

Camp Kokokahi YWCA- Kane`ohe

Help needed in the following areas:

- ❖ Event set-up and clean-up.
- ❖ Parking and traffic control.
- ❖ Event information booth.
- ❖ Stage hands and entertainment assistants.
- ❖ Craft fair and resource fair assistants.
- ❖ Hospitality and volunteer room coordinators.
- ❖ Family activities, water sports, and Xtreme fun ride assistants.

To volunteer or for more information,
please contact Jennifer @ 235-7747.

Visit the Kane`ohe Community Family Center Website at <http://kcfc.pacthawaii.org>.



Let's Write Poetry Together!
A workshop for parents and children ages 6-10.
Windward Community College
Four Mondays: June 30, July 7, July 14, & July 21, 2003
6:30 - 8:00 PM
Price: \$5.00 supply fee per family
Writing can be fun and games while we learn new vocabulary & poetic forms.
We'll write picture poems, tall tale poems, sound poems, and list poems. We'll also craft a book of your own and paint or draw illustrations.
Instructor: Susan Lee St. John
Limited enrollment.
Register by calling KCFC @ 235-7747.

Ready for an Adventure this Summer?

Raising kids is an adventure.

It can be fulfilling, frustrating, fascinating, fatiguing, fraught with peril, full of fun, & fantastic! KCFC is considering hosting a series of parenting & family strengthening workshops this summer. If you're interested, give us a call @ 235-7747. Join us for this adventure!



**Kane`ohe Community
Family Center**

**COMMUNITY RESOURCE
AND REFERRAL**

- Phone 235-7747
- Website <http://kcfc.pachawaii.org>

**HAWAII PARENTAL
INFORMATION AND
RESOURCE CENTER
(HPIRC)**

- <http://www.hawaiiiprc.org>
- Parenting Classes
- Family Fun Activities
- Home Instruction For Parents of Preschool Youngsters (HIPPY)

**FAMILY LITERACY
PROGRAMS**

- Kulana Nani

**SUPPORT AND
SELF-HELP GROUPS**

- Na Tutu - Grandparents Raising Grandchildren Coalition and Support Group

NEIGHBOR-2-NEIGHBOR

- Ko`olau Village
- Kulana Nani

VOLUNTEER & COMMUNITY SERVICE LEARNING OPPORTUNITIES

- Family Activity
- Night Assistants
- Neighbor-2-Neighbor Mentors
- Reading/Homework Tutors
- Clerical and Program Support
- Special Event Child Care

The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents and Children Together (PACT).

Please direct questions, comments and suggestions to:

The Kane`ohe Community Family Center,
He`eia Elementary School,
46-202 Haiku Rd., Portable #2,
Kane`ohe, HI 96744
Ph. 235-7747 Fax 235-7748
E-mail: kcfc@pachawaii.org

KCFC Staff:
Helenann Lauber, *Family Center Dir.*
Cynthia Okazaki, *Site Coordinator*
Gordon Miyamoto, *PIRC Coordinator*
Jolene Chang, *Administrative Assistant*
Rebecca Seumanu, *Activities Specialist*
Carin Tatom, *HIPPY Coordinator*
Jennifer Bui, *Program Facilitator*
Jill Murayama, *Outreach Worker*
Serena Trehern, *PIRC Assistant*
Krista Labanon, *HIPPY Home Visitor*
Jennifer Chun, *HIPPY Home Visitor*
Sunshine Michael, *HIPPY Home Visitor*

Join the Meetings!

**Windward Interagency
Network (WIN)**

Purpose: To provide non-profits, service providers, & individuals with the opportunity to network, share resources, identify needs, and create positive change within their organization and the Windward community.

Meetings:

Every 3rd Thursday of the month
10:00 AM

Kane`ohe Salvation Army
45-175 Waikalua Road

**For more information, please contact
Jennifer @ 235-7747.**



DONATIONS NEEDED!

Sleeping bags, lanterns, and any other camping equipment is needed for a youth camp occurring May 23 - 25. Your help is greatly appreciated. For more information or to help out with donations, please contact the Kane`ohe Community Family Center @ 235-7747.



**Annual
Arthritis Walk**



Presented by:

The Arthritis Foundation

May 4, 2003

9:00 AM

Windward Mall - Center Court

- ❖ Registration begins: 8:00 AM.
- ❖ Distance: 1 mile indoor walk.
- ❖ Teams and individuals welcome!
- ❖ Your participation is urgently needed to help cure Arthritis, which affects 1 in 3 Americans, including 300,000 children & teens.

For information, please call 596-2900.



KCFC would like to thank University of Hawaii, Family Resources student Kristie Buss for her hard work on this month's newsletter.

KCFC would like to thank Regina Yoshimori and the Castle High School students for folding the newsletters this month. We really appreciate all of your time and effort!



May

- 5th Community Works in 96744.** 5:30 p.m. Queen Lili`uokalani Children's Center. 235-7747.
 - 6th Kids Day.** Fundraiser for PACT. Please buy newspapers from KCFC staff at the intersection of Kam. Hwy. and Likelike & other PACT employees at various locations around the island. 235-7747.
 - 8th Town Hall Meeting #3.** 7 p.m. KEY Project- Kahalu`u. 239-5777.
 - 8th OGYA Grief Support Group for Children, Teens & Family.** 6 - 8 p.m. Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
 - 11th Mother's Day.**
 - 15th Kane`ohe Neighborhood Board.** 7 p.m. Windward Community College. 523-4815.
 - 20th Kane`ohe/ Kahalu`u Vision Community Meeting.** 6:30 p.m. Kane`ohe Community & Senior Center. 523-4500.
 - 21st Grandparents Raising Grandchildren.** 9 a.m. Queen Lili`uokalani Children's Center - Kane`ohe. All grandparents are welcome. Jennifer 235-7747.
 - 22nd OGYA Grief Support Group for Children, Teens & Family.** 6 - 8 p.m. Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
 - 26th Holiday- Memorial Day.**
 - 27th Kane`ohe Community Family Center Advisory Council Meeting.** 5 p.m. He`eia Elementary School. 235-7747.
- Sponsoring a free or low cost event that may be of interest to Kane`ohe families? Submit information for the KCFC calendar by the 15th of each month.
Fax 235-7748. kcfc@pachawaii.org

Site of the Month

<http://pbskids.org/lions/>

This fun website features: stories, games, items to print, songs, information for parents, & more based upon literacy & creating successful readers!

