



PACT's Kane`ohe Community Family Center (KCFC) Family Center News

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The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.



Five Rs 96744

- Respect
- Responsibility
- Resourcefulness
- Relationships
- Resiliency

Real people, Real stories, Real examples...

This month we highlight a family who live the 5Rs everyday.

What does Respect mean to you and your family?

Golis-Bautista 'Ohana...

Cece Golis-Bautista, mother of three young children, first heard about the 5Rs through her active participation in the Home Instruction for Parents of Preschool Youngsters (HIPPI) program. Cece strongly believes in teaching her children to respect others by using positive and appropriate manners. Cece mentioned that she encourages her children to say "goodbye" and "thank you" when someone shows an act of kindness while shopping.

Cece's gentle reminders have influenced her young son Cameron, who is a 3rd grader at Kahalu'u Elementary. She stated, "Cameron came home one day excited to share a book he borrowed from school. He said, "Mommy, look I borrowed this book, *I Can Show Respect*. I was so proud of him!" Cece's positive influence and words of encouragement about Respect are great examples of how parents can bring the 5Rs into their children's lives. Great job Golis-Bautista 'ohana!

This is one extraordinary example of how we can know, live and teach the 5Rs.

If you would like to share your story of how your family knows, lives or teaches the 5Rs, please contact Jadine Yonemitsu as soon as possible. We would love to highlight your achievements in future newsletters.

Jadine Yonemitsu, 5Rs Program Coordinator
PACT Kaneohe Community Family Center
235-7747.



Saturday, September 22nd
9:00 a.m. - 9:00 p.m.
Windward Community College
Admission is free!

The 7th annual Windward Ho'olaule'a will feature a star-studded line up of Na Hoku Hanohano award winners and something for everyone:

- ◆ 'ono food
- ◆ unique island crafts
- ◆ keiki games
- ◆ a silent auction
- ◆ high-tech Imaginarium shows to take visitors on tours of the universe.

The "Homegrown Celebration," which runs from 9 am - 9 pm at Windward Community College's campus, is coordinated by Windward Community College and the Kaneohe Business Group.

Kaneohe Community Family Center

Community Resource and Referral

- Phone 235-7747
- Website <http://kcfc.pacthawaii.org>

Hawaii Parental Information and Resource Center (HPIRC)

<http://www.pacthawaii.org>

Home Instruction for Parents of Preschool Youngsters (HIPPY)

<http://www.hippyusa.org>
<http://www.pacthawaii.org>

Family Center Services

- Family Support

Volunteer & Community Service Learning Opportunities

- Clerical and Program Support
- Special Event Child Care

Website of the Month:



This site offers state-specific fact sheets and resource listings for grandparents. Find information on aging, legal issues, and caregiving tips as they pertain to grandparenting.

<http://www.aarp.org/families/grandparents/>

The *Family Center News* is printed monthly by the Kaneohe Community Family Center (KCFC), a program of Parents And Children Together (PACT).

Please direct questions, comments and suggestions to:
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 Kata Lee, *PIRC Assistant/HIPPY Home Visitor*

How To Succeed In School



Wednesday, September 19th
 6:30 - 8:00 pm.

General Learner Outcomes

- Understand the six GLOs
- How they are assessed in school (Rubric)
- How to apply them at home

A FREE workshop!

Location: 46-028 Kawa St., Suite A10,
 Kaneohe (behind Zippys).

Refreshments provided.

Contact: Kaneohe Community
 Family Center at 235-7747 to register.

Sponsored by PACT Kaneohe
 Community Family Center



Grandparent's Day is September 9th!



Happy Grandparent's Day! This Grandparent's Day, let's pay special recognition to our tutu who are raising their grandchildren. In Hawaii, there are over 14,000 of them!

Grandparents provide a vital safety net for children whose parents are struggling with substance abuse, mental illness, incarceration, economic hardship, divorce, and domestic violence. They often take on the parenting role rather than have their grandchildren grow up in foster care. Unlike foster parents, grandparents receive little support to meet their grandchildren's needs. Furthermore, the physical and emotional stress can take their toll on grandparents in their older years.

Below is information about a support group that is available to all grandparents or other relatives who are raising children:

Grandparents and Relative Caretakers Raising Grandchildren Support Group

- *Resources *Referrals *Educational Material *Videos *Speakers *Workshops/Conferences

Queen Liliuokalani Children's Center

Koolau Poko Unit

46-316 Haiku Road

3rd Wednesday of each month @ 9:00 a.m.

NEXT MEETING: September 19th

Call Bernie Baker at 235-7613

To all grandparents, we celebrate your accomplishments and contributions on Grandparent's Day!

September 3 LABOR DAY

2 - 4 Labor Day Weekend

Library closed

1 - 16 "The Pajama Game" Directed by Ron Bright, coming to Paliku Theater at WCC, Aug. 24 - Sept. 16. The musical story deals with labor troubles in the Sleep-Tite Pajama factory, where worker demands for a raise goes unheeded. Call for tickets at 235-7310 or order online at www.eTicketHawaii.com.

5th Oogle n Google Preschool Family Night, 6pm, Kaneohe Public Library, 233-5676.

8th Alzheimer's Support Group 10 - 11:30 am, Kaneohe Community Family Center. Learn more about Alzheimer's and resources, 239-1552.

10th Community Works in 96744 Mtg., 5 - 7pm at Queen Liliuokalani Children's Center. 235-7747.

11th Windward Community Children's Council Monthly Meeting, 6 - 7:30pm, Windward Dept. of Health Conf. Rm. Open to all parents and guardians of special needs children. 586-5363.

12th Kahaluu Neighborhood Board Mtg., 7pm, KEY Project, 527-5749.

13th Kids Hurt Too, Healing Young Hearts Support Group, 6 - 8pm at Queen Liliuokalani Children's Center, 735-2989.

13th Koolauloa Neighborhood Board Mtg., 7pm, Hauula Community Center, 527-5749.

15th Original Song Competition, Celebrate Kaneohe, 11am - 1pm at Windward Mall Center Court

17th Ohana Food Distribution, 3 - 4:30 pm at KEY Project, Kahaluu.

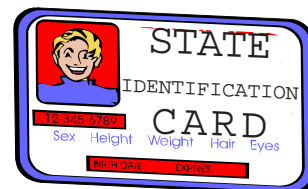
19th Grandparents Raising Grandchildren 9am, Queen Liliuokalani Children's Center. Call Bernie at 235-7613 for info. about this month's activities!

20th Kaneohe Neighborhood Board Mtg., 7pm at WCC, Akoakoa, Rm. 103 - 105

27th Kids Hurt Too, Healing Young Hearts Support Group, 6 - 8pm at Queen Liliuokalani Children's Center, Cynthia White, 735-2989.

Wednesdays: Computer Lab, 5 - 7:45pm at KEY Project. Free to public, 10yrs. and up. Vocational, college, and goal planning. Michelle Heaviside 239-5777.

STATE I.D. PROGRAM



Castle High School Cafeteria
 Saturday, Sept. 29th 8:30 am - 2 pm