

Kane`ohe Community Family Center (KCFC) Family Center News

A partnership of Parents and Children Together and the Castle Complex Department of Education, partially funded by Aloha United Way, the Hawaii State Department of Human Services, Keiki O Ka Aina, Inc., and the US Department of Education Office of Innovation and Improvement.

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The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kuloa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.


Holiday Shopping Strategies





Christmas is only a few short weeks away. As with every Christmas season, families and friends scurry around frantically trying to find the perfect gifts for their loved ones. For all of you burned out Christmas shoppers, here are a few tips for you to try to make your holiday season a little happier:

 **Set a Budget:** Compile a list of everyone that you are planning to buy gifts for. Set a budget for each person and stick to your budget. You may also want to factor in a few additional gifts for people you may have forgotten or run into along the way.

 **Use Coupons and Shop Sales:** Compare prices by looking through ads in the newspapers or by comparing the price of an item you see at different stores.


 **Make and Bake:** Give those special people in your life a personal touch by baking them something simple, such as cookies or fruit cake, then wrap it up to create that festive feeling!

 **Avoid the Crowds:** If you are brave enough to take on the malls, try to avoid the crowds by arriving at stores just before opening on weekday mornings. Or you may also choose to shop during the later holiday hours. Another excellent way to avoid the crowds is to do your shopping on-line.

 **Gifts of Food:** Buy a simple basket from a craft store and personalize it by creating a gift basket for that special person on your list with their favorite fruits, snacks, teas and coffees or even dinner!

Christmas is supposed to be a wonderful time to spend with your family and friends. Although gifts are a large part of the holiday season for many, it is important not to get too caught up in the process. Spending time together and sharing with one another is what your family and friends will appreciate the most and it is something that they will remember for years to come.

Adapted from: "Hark the Herald Registers Ring" at <http://20ishparents.com/holiday/christmas/registerings.shtml> and "How to Avoid Crowds and Get Shopping Done Faster" at http://interiordec.about.com/library/b1_cmasshop.htm.



Families for R.E.A.L.

(Resources & Early Access to Learning)

Parent & Child Classes for families with Infants, Toddlers & Preschoolers.

Session II: December 2, 2002 - February 21, 2003

Kapunahala Elementary School
45-828 Anoi Road, Rm. A-1
Kane`ohe, HI 96744


For more information or to register, please call 233-5656.

Host Families Needed!

Volunteer host families are needed in support of a South Korean exchange student program. The students are elementary school-aged, speak English, and will be visiting Hawaii from December 28th - January 17th.

Please call Les Meyer at 234-7046 or 497-1620.

E-mail joshnles@hawaii.rr.com if you are interested in participating.



The Legend of the Poinsettia

In a small Mexican Village, it was the custom to place gifts for the Christ Child in front of the church manger on Christmas Eve. One Christmas, a young boy, having nothing to give, knelt outside in the snow to pray. In the spot where he knelt, legend says, a beautiful plant with scarlet leaves miraculously grew, and the boy presented the poinsettia as a gift.

<http://appletothecore.com/holidays/christmastidbits.html>

Visit the Kane`ohe Community Family Center Website at <http://kcfc.pacthawaii.org>.

Kane`ohe Community Family Center

COMMUNITY RESOURCE AND REFERRAL

•Phone 235-7747

•Website <http://kcfc.pacthawaii.org>

HAWAII PARENTAL INFORMATION AND RESOURCE CENTER (HPIRC)

<http://www.hawaiiipirc.org>

•Parenting Classes

•Family Fun Activities

•Home Instruction For Parents of
Preschool Youngsters (HIPPY)

FAMILY LITERACY PROGRAMS

•Kulana Nani

SUPPORT AND SELF-HELP GROUPS

•Na Tutu - Grandparents Raising
Grandchildren

Coalition and Support Group

NEIGHBOR-2-NEIGHBOR

•Ko`olau Village

•Kulana Nani

VOLUNTEER & COMMUNITY SERVICE LEARNING OPPORTUNITIES

•Family Activity

Night Assistants

•Neighbor-2-Neighbor Mentors

•Reading/Homework Tutors

•Computer Class Assistants

•Clerical and Program Support

•Special Event Child Care

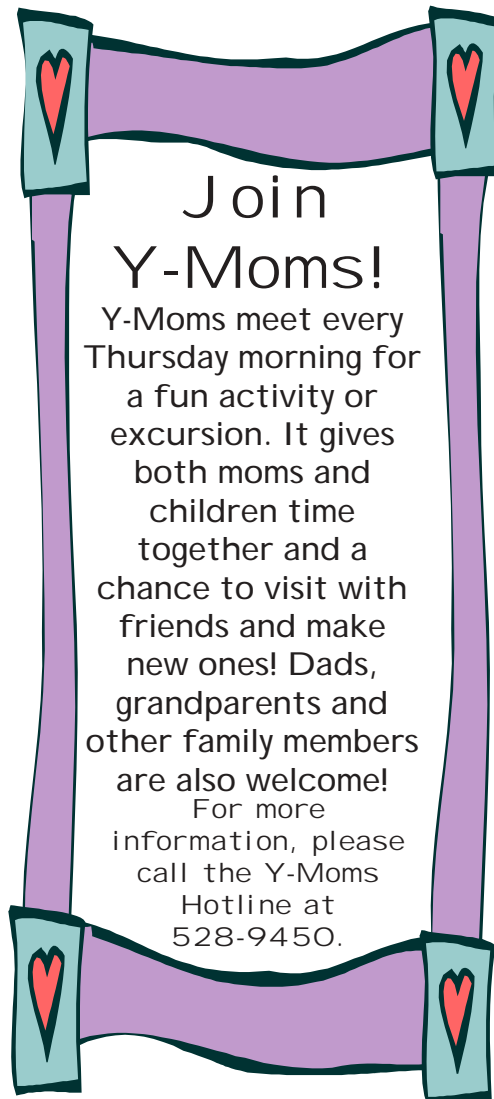
The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents and Children Together (PACT).

Please direct questions, comments and suggestions to:

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Serena Trehern, *PIRC Assistant*
Krista Labanon, *HIPPY Home Visitor*
Jennifer Chun, *HIPPY Home Visitor*
Sunshine Michael, *HIPPY Home Visitor*



Hina Mauka Family Program



Hina Mauka's family program is open to anyone who has an addicted family member or close friend, whether in recovery or not.

The dynamics of family interactions are discussed in a supportive and safe atmosphere.

**Thursdays from
7:00 PM - 8:00 PM
45-845 Po`okela Street
in Kane`ohe.**

**For more information, please call
Hina Mauka at 236-2600.**



Happy Holidays December

Nov. 30th - Dec. 8th

Happy Hanukkah!

7th

Kane`ohe Christmas Parade.

9 a.m. Begins at Haiku Road and Kamehameha Highway. The parade travels along Kamehameha Highway to Kane`ohe Bay Drive and ends at Castle High School. Art 845-4111.

7th

Honolulu City Lights.

Honolulu Hale. Music begins at 4 p.m., tree-lighting ceremony begins at 6 p.m., Electric Light Parade begins at 6:30 p.m., entertainment begins at 7 p.m. The Parade begins at Aala Park and travels along King Street to City Hall. Santa arrives at 7:30 p.m. 523-4385.

12th

OGYA Grief Support Group for Children, Teens and Family.

6 - 8 p.m.
Queen Lili`uokalani Children's Center.
Cynthia White 735-2989.

15th

Windward Craft & Fun Fair.

10 a.m. - 2 p.m. Castle High School Cafeteria and surrounding area (45-386 Kane`ohe Bay Drive). CRAFTS! FOOD! FUN! Come out and support Castle High School's Project Grad. Karen 247-2305.

19th

Kane`ohe Neighborhood Board.

7 p.m. Kane`ohe Community and Senior Center. 523-4815.

25th

Merry Christmas!

Sponsoring a free or low cost event that may be of interest to Kane`ohe families? Submit information for the KCFC calendar by the 15th of each month. Fax 235-7748. kcfc@pacthawaii.org

