



A partnership of Parents and Children Together and the Castle Complex Department of Education, partially funded by Aloha United Way, the Hawaii State Department of Human Services, the Housing and Community Development Corporation of Hawaii, and the US Department of Education School Support and Technology Program.

The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.

Summer Activities for Children



Now that summer is finally here and school's out, both parents and children are wondering what to do to fill those long summer days. Summer provides an excellent opportunity to spend time with family and friends and a great way to do this is by making the most out of the resources that are available in your community and at home. Here are some suggestions of things you can do to help pass the time:

- ✦ **Arts and Crafts** is always a great way to pass the time and a fun way to learn at the same time. There are great arts and crafts resources available at the library or you could also visit this website which lists many activities you can do with your children: <http://childparenting.about.com/library/weekly/aa060498.htm>.
- ✦ **Reading** is an excellent educational activity that can be done as a family or alone anywhere or anytime of the day. Visit your local library to see what types of books or resources are available to your children. This is another excellent website that has reading lists available for children by grade level: www.bcplonline.org/info/parenting/prnt_familiesreading.html.
- ✦ **Take advantage of resources within your own community**, see what types of special events or community-sponsored activities are going on in your community. A great place to check out community activities is in the Windward Calendar section of: www.koolaunews.com.
- ✦ **Have some rainy day activities on hand, just in case.** You never know when you will be stuck indoors due to bad weather. There are many things you can do with your children indoors. You can look at picture albums, view old videos, have an indoor picnic or cook a special dinner together.

Adapted from: "Sail into Summer" at <http://osi.fsu.edu/Vol1-Issue9/Summer.htm> and "Enjoying Stress Free Summer Activities" at www.kidsource.com/kidsource/content4/summer.activities.html.

Visit the new Kane`ohe Community Family Center (KCFC) Website!
<http://KCFC.pacthawaii.org>

Kane`ohe Day on the Bay 2002!
 Saturday, July 20
 9AM to 3PM
 Kokokahi YWCA: 45-035 Kane`ohe Bay Drive

Come and join us for a day of fun-filled family activities!
Family Activities, Prizes, Petting Zoo, Food Booths, Free Kayaking and Sailing, Pony Rides, Entertainment, Craft Fair, Xtreme Fun Rides and More!

Craft vendor space is still available. Volunteer opportunities are also available. For more information, please call Kane`ohe Community Family Center at 235-7747.

HELP WANTED!
White Elephant Sale for:
 Home Instruction for Parents of Preschool Youngsters' (HIPPIY)
 Donate gently used items for HIPPIY's fundraiser for Day on the Bay 2002.

Please drop off items at the Kane`ohe Community Family Center. Proceeds will be used for the program's field trips. Donations are tax deductible.

Please call Carin at 235-7747 for more information.

Kane`ohe Community Family Center

COMMUNITY RESOURCE
AND REFERRAL
•Phone 235-7747

HAWAII PARENTAL INFORMATION AND RESOURCE CENTER (HPIRC)

<http://www.hawaiiipirc.org>

- Parenting Classes
- Family Fun Activities
- Home Instruction For Parents of Preschool Youngsters (HIPPY)

EXTENSION ON-LINE

Cooperative Extension, University of Hawai'i at Manoa
•Workshops and tutorials on computer and Internet connectivity for families

FAMILY LITERACY PROGRAMS

- Kulana Nani

SUPPORT AND SELF-HELP GROUPS

- Na Tutu - Grandparents Raising Grandchildren Coalition and Support Group

NEIGHBOR-2-NEIGHBOR

- Ko`olau Village
- Kulana Nani

VOLUNTEER & COMMUNITY SERVICE LEARNING OPPORTUNITIES

- Family Activity Night Assistants
- Neighbor-2-Neighbor Mentors
- Reading/Homework Tutors
- Computer Class Assistants
- Clerical and Program Support
- Special Event Child Care

The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents and Children Together (PACT).

Please direct questions, comments and suggestions to: The Kane`ohe Community Family Center, He`eia Elementary School, 46-202 Haiku Rd., Portable #2, Kane`ohe, HI 96744
Ph. 235-7747 Fax 235-7748
E-mail: kcfc@pachawaii.org

27th Annual Makahiki Fun Fair



Mark your calendar for Saturday, July 13, 2002 from 9:00 AM to 12 Noon at Kane`ohe District Park. The City's Department of Parks and Recreation, Kane`ohe Complex and the Kane`ohe Lions Club will be holding it's annual Makahiki Fun Fair! There will be mini carnival games, entertainment, white elephant sales, water rides in the pool, hot dogs, shave ice and lots more!

KAMP Volunteers Needed! Kindergartners Are Most Precious

A school transition day "camp" for kindergartners & their parents.

Please contact Christine Nunogawa for training dates and more information at 235-7747 nunogawa@hawaii.edu.



Kane`ohe Fitness Sundays



Exploration #11

July 7, 2002 □ 3PM

Key Project & Waihee Valley

Meeting Place: Key Project Parking Lot.

Exploration #12

August 4, 2002 □ 3PM

Kualoa Regional Park

Meeting Place: First Parking Lot in the Park.

For more info, please contact Jennifer at 235-7747.

Grief Support Group for Youth and Families

Every 2nd and 4th Thursday,
6 to 8 PM

Queen Lili`uokalani Children's
Center

Also looking for volunteers to help facilitate the support groups. There will be a Youth Grief Support Group Facilitator's Training for anyone interested on:
July 20, 21, 27 & 28.

For more information on volunteering or on the support groups, please contact Cynthia White at 735-2989 or visit the website at:
www.grievingyouth.org.



July

- 4th** Fourth of July
7th Kane`ohe Fitness Sunday - Fitness Map Exploration #11. 3 PM. Key Project & Waihee Valley. Meeting Place: Key Project Parking Lot. See announcement on this page. Jennifer 235-7747. **FREE.**
- 11th** Toddler Story Time. 10:15 AM. Kane`ohe Public Library. Also repeats on the 18th and 25th. Melode 233-5676.
- 13th** Makahiki Fun Fair. 9:00 AM - 12 Noon. Kane`ohe District Park. See announcement on this page.
- 16th** Kane`ohe/Kahaluu Vision Community Meeting. 6:30 PM. Kane`ohe Community and Senior Center. 523-4500.
- 17th** Grandparents Raising Grandchildren. 9 AM. Queen Lili`uokalani Children's Center - Kane`ohe. All grandparents are welcome. Jennifer 235-7747.
- 18th** Kane`ohe Neighborhood Board. 7 PM. Kane`ohe Community and Senior Center. 523-4815.
- 20th** Kane`ohe Day on the Bay 2002. 9AM - 3 PM. Kokokahi YWCA - 45-035 Kane`ohe Bay Drive. For more information or to volunteer, contact KCFC at 235-7747.

Sponsoring a free or low cost event that may be of interest to Kane`ohe families? Submit information for the KCFC calendar by the 15th of each month. Fax 235-7748. kcfc@pachawaii.org

Ukulele 2002

A great workshop to learn ukulele from the masters: Geneo Keawe, Sonny Kamahale, Melveen Leed, Kely Boy DeLima, Brother Noland Conjugacion and many more! Windward Community College, Saturday, July 13, 2002 from 9:00 AM to 3:00 PM and Sunday, July 14, 2002 from 9:30 AM to 2:15 PM.

For more information, contact WCC, office of continuing Education at 235-7433.

Site of the Month

www.discoveryschool.com

A fun, educational resource with great pictures, games and learning adventures for parents, children and teachers to discover and explore together!

