

# Kane`ohe Community Family Center (KCFC)

E-mail us at:  
kcfc@pacthawaii.org  
Website:  
<http://kcfc.pacthawaii.org>



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The Kane`ohe Community Family Center will facilitate the strengthening of families and communities from Kane`ohe to Kualoa by enabling them to identify and use their own and other resources to improve their quality of life and sense of community.

## Helpful Hints For a Fun, Safe Halloween



Halloween is a fun and exciting day for children. It is the one time of the year when children of all ages get to dress up and be anyone (or anything) that they ever dreamed of! However, Halloween can also be a very dangerous occasion if certain safety rules are overlooked. Here are some safety tips that may be helpful to parents in order to protect their little ones on Halloween night:

-  Halloween costumes should not obstruct your child's vision. They should also be flame retardant and fit properly. Costumes should be light colored or have reflective tape attached so that your child is easy to see.
-  Your child should also carry a flashlight with them at all times.
-  Before trick-or-treating, parents should make sure that their children have a healthy dinner so that they will not fill up on candy.
-  While trick-or-treating, an adult should always accompany the children. Make sure that your children obey traffic safety rules and also that they only go to houses that are well lit.
-  If you are at home greeting the trick-or-treaters, consider giving out something other than candy, such as: pencils, stickers or large erasers.
-  After trick-or-treating is over, make sure that you check all of your children's candy for signs of tampering before you allow your children to eat the candy.
-  For parents with children under the age of 5, it is also important to get rid of gum, peanuts, small toys and hard candies, which are all possible choking hazards.

The most important thing is to be safe, but remember that Halloween is for everyone - so enjoy!

Adapted from: "Halloween Safety Tips" at <http://healthlink.mcw.edu/article/972580441.html>.

**PACT/Kan`eohē Community Family Center (KCFC)**  
**Family Activity Night: BIG FUN!**  
A FREE Family Fun Night filled with laughs, chuckles, interactive games and entertainment! FREE Dinner!

- ☐ Take a fun look at how kids and parents get along! Pick up a tip or two!
- ☐ Bring kids 7 years old and up... parents...grandparents... aunts...uncles...Come dressed up to play!








King Intermediate School Cafeteria

Friday, October 4th, 6:30 - 8:30 P.M.

To register, or for more information, please call KCFC at 235-7747.

## Windward Missionary Church Presents Harvest Festival 2002 Star Wars Theme!

Come dressed in a Star Wars costume and be eligible for prizes! (Please no scary costumes not related to the theme).

-  Food
-  Games
-  Shave Ice
-  Cotton Candy
-  Jumper Balloon
- Prizes - Outer Island Flight Coupons, Oahu hotel packages, movie tickets and much more!

**Thursday, October 31, 2002**  
**5:30 - 8:30 P.M.**

**FREE and Open to All Ages!**  
For More Information, contact Windward Missionary Church at 235-3651.



## Run and Read 2002 Book Festival

Is looking for anyone who is interested in running or participating in reading activities!

Windward Community College  
Sunday, November 3, 2002  
8:45 A.M. - Noon



Contact your School's PCNC for more information.

Visit the new Kane`ohe Community Family Center Website at <http://kcfc.pacthawaii.org>.

## Kane`ohe Community Family Center

### COMMUNITY RESOURCE AND REFERRAL

- Phone 235-7747
- Website <http://kfcf.pacthawaii.org>

### HAWAII PARENTAL INFORMATION AND RESOURCE CENTER (HPIRC)

- <http://www.hawaiiiprc.org>
- Parenting Classes
- Family Fun Activities
- Home Instruction For Parents of Preschool Youngsters (HIPPY)

### FAMILY LITERACY PROGRAMS

- Kulana Nani

### SUPPORT AND SELF-HELP GROUPS

- Na Tutu - Grandparents Raising Grandchildren Coalition and Support Group

### NEIGHBOR-2-NEIGHBOR

- Ko`olau Village
- Kulana Nani

### VOLUNTEER & COMMUNITY SERVICE LEARNING OPPORTUNITIES

- Family Activity Night Assistants
- Neighbor-2-Neighbor Mentors
- Reading/Homework Tutors
- Computer Class Assistants
- Clerical and Program Support
- Special Event Child Care

The *Family Center News* is printed monthly by the Kane`ohe Community Family Center (KCFC), a program of Parents and Children Together (PACT).

Please direct questions, comments and suggestions to: The Kane`ohe Community Family Center, He`eia Elementary School, 46-202 Haiku Rd., Portable #2, Kane`ohe, HI 96744  
Ph. 235-7747 Fax 235-7748  
E-mail: [kfcf@pacthawaii.org](mailto:kfcf@pacthawaii.org)

## Help a child learn to read!



**Castle Complex Elementary Schools are looking for volunteer reading tutors at He`eia, Puohala and Waiahole Elementary Schools. No experience is necessary - training will be provided. Please contact Teri Maneha for more information at: 235-9114 or 233-5677.**



## CANDIDATES NIGHT

**October 10, 2002  
6:00 - 9:00 P.M.**

**Windward Community College  
Hale Akoakoa (Campus Center)**

**Co-sponsored by:  
Windward Oahu Association of  
Family and Community Education  
& Family Community Leadership's  
Oahu Committee**

**For more information, contact  
Charlotte Muraoka at 262-7955.**

## Ka`a`awa Elementary School is looking for:

Reading listeners to sit and listen to a child read: 7:00 - 7:50 A.M. Everyday.  
On Mondays, Tuesdays, Thursdays and Fridays from 2:05 - 5:30 P.M. and Wednesdays from 12:30 - 5:30 P.M.

Any companies or businesses who would like to be a partner in education with Ka`a`awa.

A military troop or unit to adopt the School and be a partner in volunteering to assist them with projects.

Ka`a`awa Elementary also offers Karate Classes.

For more information on any of the above, please contact Michele Pouvave at 237-7751.



**Sept 27th Dedication of the Skate Park. 3:00 p.m.**  
Across the Kaneohe District Park Complex.



# October

- 1st Preschool Storytime. 10:15 a.m.**  
Kane`ohe Public Library. Repeats on the 8th, 15th, 22nd and 29th. 233-5676.
- 3rd Toddler Storytime. 10:15 a.m.**  
Kane`ohe Public Library. Repeats on the 10th, 17th, 24th and 31st. 233-5676.
- 4th PACT/Kaneohe Community Family Center Family Activity Night: Big Fun!**  
6:30 - 8:30 p.m. King Intermediate School Cafeteria. 235-7747.
- 10th OGYA Grief Support Group for Children, Teens and Family. 6 - 8 p.m.**  
Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
- 12th Windward Mall Family Festival & HFD Fire Prevention Week.**  
11:00 a.m. - 4:00 p.m. Windward Mall.
- 16th Grandparents Raising Grandchildren. 9 a.m.**  
Queen Lili`uokalani Children's Center - Kane`ohe. All grandparents are welcome. Jennifer 235-7747.
- 17th Kane`ohe Neighborhood Board. 7 p.m.**  
Kane`ohe Community and Senior Center. 523-4815.
- 24th OGYA Grief Support Group for Children, Teens and Family. 6 - 8 p.m.**  
Queen Lili`uokalani Children's Center. Cynthia White 735-2989.
- 26th Halloween Carnival. 5:00 - 9:00 p.m.**  
He`eia State Park. Rochelle 247-3156.
- 31st Harvest Festival 2002. 5:30 - 8:30 p.m.**  
Windward Missionary Church. 235-3651.
- Nov 3rd Run and Read 2002 Book Festival. 8:45 a.m. - Noon. WCC. 955-7600.**

Sponsoring a free or low cost event that may be of interest to Kane`ohe families? Submit information for the KCFC calendar by the 15th of each month. Fax 235-7748. [kfcf@pacthawaii.org](mailto:kfcf@pacthawaii.org)

## Volunteers Needed!

**HIPPY (Home Instruction for Parents of Preschool Youngsters)** in Kane`ohe is looking for volunteers to assist at their group activity meetings held at St. John's by the Sea, Ho`okano Hall. Volunteers will help implement parent/child activities and assist the **HIPPY** staff in providing supervision for preschool aged children. The groups are held every other Wednesday from 10 A.M. - 12 P.M.



Lunch is served at every group meeting.

**Please contact Carin at 235-7747 for more information.**

## Site of the Month

[www.atozteacherstuff.com](http://www.atozteacherstuff.com)

A wonderful resource for teachers! Full of great tips, resources, lessons, articles and much more! Even helpful links to other sites!

